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A WORKSHOP FOR GIRLS SAFETY



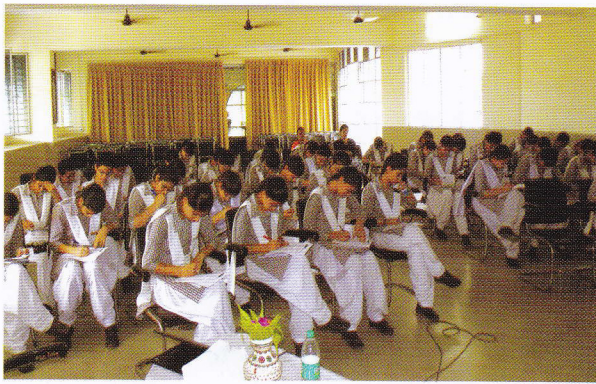
The school organised a seminar on girl's safety on 12th and 13th July 2016. Ms. Kanwalpreet and Dr. Renu Suri from International College for Security Studies, Delhi conducted this seminar. The main objective of this workshop was to build self confidence in the women and girls and their motto is S.A.F.E. In this workshop some questions were put to the girls, which helped them to know more about themselves. They explained the meaning of safe which means -

- S for Self protection
- A for Awareness
- F for Familiarity
- E for Exchange

The aim of this programme was to create awareness among the girls. The programme also focussed on "on guard" and "off guard" safety.

"On guard situation" means within the home and "off guard situation" means outside the home. Basically it means how to protect girls in public places as well as in homes and at relatives' places.

They discussed the issue citing innumerable examples. They also displayed some videos that showed harassment can occur to any one. The programme educated the girls regarding their safety.



Some general questions which were asked made the children ponder whether they are safe or not? They explained the various crimes against the girls. They also asked the girls to keep some tools like safety pins and pepper powder with them for their personal safety.

The programme lasted for 3 to 4 hours and it was both educative and practical. Children learnt a lot from this seminar. It is necessary that such programmes be organised from time to time not only for girls but also for the boys. These type of programmes will help the children to lead their lives happily and safely in future.

This workshop proved to be very beneficial to the students. The safety measures suggested by them would definitely bring a change in their outlook and develop confidence in them.

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